



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD ADAM ZULKARNAIN BIN

BIB NO. MP 10001

CATEGORY 10KM Men Open

RANKING

Overall: 25/3987

Category: 21/1693

Gender Overall: 23/2280

Gender Age Group: 21/1693

FINISH TIME

Gun Time: 37:55

Net Time: 37:50

Pace: 3:47/km

Speed: 15.8/hr

SPLIT TIME

KM2.5: 08:42

KM4.3: 15:32

KM5.9: 21:59

KM7.1: 26:44

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

