

PUMA
NITROTM
NIGHT RUN

Great Runs
Are Run by
Score

CERTIFICATE OF ACHIEVEMENT FIRDAUS LIMAN ABDULLAH

BIB NO. MP 10102

CATEGORY 10KM Men Open

RANKING

Overall: 258/3987

Category: 184/1693

Gender Overall: 230/2280

Gender Age Group: 184/1693

FINISH TIME

Gun Time: 54:07

Net Time: 52:25

Pace: 5:24/km

Speed: 11.0/hr

SPLIT TIME

KM2.5: 13:21

KM4.3: 22:49

KM5.9: 31:51

KM7.1: 38:49

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

