



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD RAFIQ BIN RAZALI

BIB NO. MP 11058

CATEGORY 10KM Men Open

RANKING

Overall: 654/3987

Category: 427/1693

Gender Overall: 545/2280

Gender Age Group: 427/1693

FINISH TIME

Gun Time: 1:03:00

Net Time: 1:01:53

Pace: 6:17/km

Speed: 9.5/hr

SPLIT TIME

KM2.5: 15:58

KM4.3: 26:50

KM5.9: 36:43

KM7.1: 44:53

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

