



CERTIFICATE OF ACHIEVEMENT

MOHD NORHAFIZ BIN SHUKOR

BIB NO. MP 11059

CATEGORY 10KM Men Open

RANKING

Overall: 1584/3987

Category: 895/1693

Gender Overall: 1162/2280

Gender Age Group: 895/1693

FINISH TIME

Gun Time: 1:16:52

Net Time: 1:16:29

Pace: 7:41/km

Speed: 7.8/hr

SPLIT TIME

KM2.5: 17:53

KM4.3: 31:58

KM5.9: 45:00

KM7.1: 54:49

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

