



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD NASRULLAH BIN MOHD

BIB NO. MP 11155

CATEGORY 10KM Men Open

RANKING

Overall: 1094/3987

Category: 670/1693

Gender Overall: 853/2280

Gender Age Group: 670/1693

FINISH TIME

Gun Time: 1:10:12

Net Time: 1:09:55

Pace: 7:01/km

Speed: 8.5/hr

SPLIT TIME

KM2.5: 14:09

KM4.3: 27:15

KM5.9: 41:02

KM7.1: 49:39

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

