



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD NAZRIN BIN KAMARUDIN

BIB NO. MP 11162

CATEGORY 10KM Men Open

RANKING

Overall: 203/3987

Category: 145/1693

Gender Overall: 181/2280

Gender Age Group: 145/1693

FINISH TIME

Gun Time: 52:10

Net Time: 51:29

Pace: 5:12/km

Speed: 11.5/hr

SPLIT TIME

KM2.5: 12:48

KM4.3: 21:49

KM5.9: 30:20

KM7.1: 36:57

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

