



CERTIFICATE OF ACHIEVEMENT SHARMAEN RAMESHWARAN

BIB NO. MP 11190

CATEGORY 10KM Men Open

RANKING

Overall: 1539/3987

Category: 874/1693

Gender Overall: 1136/2280

Gender Age Group: 874/1693

FINISH TIME

Gun Time: 1:16:18

Net Time: 1:13:39

Pace: 7:37/km

Speed: 7.8/hr

SPLIT TIME

KM2.5: 19:37

KM4.3: 32:25

KM5.9: 44:37

KM7.1: 55:03

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

