

PUMA
NITRO™
NIGHT RUN

Great Runs
Are Run by
Score

CERTIFICATE OF ACHIEVEMENT SHAMYL SAPHIAN

BIB NO. MP 11281

CATEGORY 10KM Men Open

RANKING

Overall: 1272/3987

Category: 752/1693

Gender Overall: 973/2280

Gender Age Group: 752/1693

FINISH TIME

Gun Time: 1:12:36

Net Time: 1:09:28

Pace: 7:15/km

Speed: 8.2/hr

SPLIT TIME

KM2.5: 18:56

KM4.3: 30:47

KM5.9: 42:03

KM7.1: 50:58

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

