



CERTIFICATE OF ACHIEVEMENT

MOHD HANAFI B MOHAMED ESA

BIB NO. MP 11305

CATEGORY 10KM Men Open

RANKING

Overall: 1307/3987

Category: 773/1693

Gender Overall: 998/2280

Gender Age Group: 773/1693

FINISH TIME

Gun Time: 1:12:56

Net Time: 1:10:22

Pace: 7:17/km

Speed: 8.2/hr

SPLIT TIME

KM2.5: 17:46

KM4.3: 30:03

KM5.9: 41:22

KM7.1: 52:28

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

