



CERTIFICATE OF ACHIEVEMENT

AHMED HAIQA BIN AMAT

BIB NO. MP 10131

CATEGORY 10KM Men Open

RANKING

Overall: 461/3987

Category: 315/1693

Gender Overall: 396/2280

Gender Age Group: 315/1693

FINISH TIME

Gun Time: 59:05

Net Time: 57:08

Pace: 5:54/km

Speed: 10.1/hr

SPLIT TIME

KM2.5: 15:14

KM4.3: 25:31

KM5.9: 35:05

KM7.1: 42:19

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

