



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD IRFAN HAIKAL BIN

BIB NO. MP 11314

CATEGORY 10KM Men Open

RANKING

Overall: 692/3987

Category: 443/1693

Gender Overall: 568/2280

Gender Age Group: 443/1693

FINISH TIME

Gun Time: 1:03:42

Net Time: 1:02:04

Pace: 6:22/km

Speed: 9.4/hr

SPLIT TIME

KM2.5: 16:32

KM4.3: 27:40

KM5.9: 39:28

KM7.1: 47:58

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

