



CERTIFICATE OF ACHIEVEMENT

MOHD NURQAYYUM BIN NAWI

BIB NO. MP 11374

CATEGORY 10KM Men Open

RANKING

Overall: 263/3987

Category: 187/1693

Gender Overall: 234/2280

Gender Age Group: 187/1693

FINISH TIME

Gun Time: 54:22

Net Time: 54:08

Pace: 5:26/km

Speed: 11.0/hr

SPLIT TIME

KM2.5: 13:06

KM4.3: 22:44

KM5.9: 31:52

KM7.1: 39:03

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

