



Great Runs
Are Run by
Score



CERTIFICATE OF ACHIEVEMENT

ARVINDT ROGHAN A/L MUNIANDY

BIB NO. MP 11391

CATEGORY 10KM Men Open

RANKING

Overall: 400/3987

Category: 273/1693

Gender Overall: 345/2280

Gender Age Group: 273/1693

FINISH TIME

Gun Time: 57:51

Net Time: 55:50

Pace: 5:47/km

Speed: 10.3/hr

SPLIT TIME

KM2.5: 16:34

KM4.3: 26:44

KM5.9: 35:53

KM7.1: 42:41

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

