



CERTIFICATE OF ACHIEVEMENT

AMIR HILMAN BIN AHMAD JOHARI

BIB NO. MP 11403

CATEGORY 10KM Men Open

RANKING

Overall: 1320/3987

Category: 779/1693

Gender Overall: 1004/2280

Gender Age Group: 779/1693

FINISH TIME

Gun Time: 1:13:08

Net Time: 1:12:36

Pace: 7:18/km

Speed: 8.2/hr

SPLIT TIME

KM2.5: 15:23

KM4.3: 28:12

KM5.9: 41:54

KM7.1: 51:55

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

