



CERTIFICATE OF ACHIEVEMENT

MOHAMAD FARIS BIN MOHAMAD

BIB NO. MP 11436

CATEGORY 10KM Men Open

RANKING

Overall: 754/3987

Category: 476/1693

Gender Overall: 612/2280

Gender Age Group: 476/1693

FINISH TIME

Gun Time: 1:04:55

Net Time: 1:02:51

Pace: 6:29/km

Speed: 9.2/hr

SPLIT TIME

KM2.5: 17:10

KM4.3: 28:31

KM5.9: 39:04

KM7.1: 47:04

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

