



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD TAUFIQ BIN ABD MUTALIB

BIB NO. MP 11579

CATEGORY 10KM Men Open

RANKING

Overall: 1291/3987

Category: 766/1693

Gender Overall: 987/2280

Gender Age Group: 766/1693

FINISH TIME

Gun Time: 1:12:47

Net Time: 1:12:47

Pace: 7:16/km

Speed: 8.2/hr

SPLIT TIME

KM2.5: 18:55

KM4.3: 31:47

KM5.9: 43:34

KM7.1: 52:54

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

