



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD SYAFIQ BIN SAFARON

BIB NO. MP 11615

CATEGORY 10KM Men Open

RANKING

Overall: 538/3987

Category: 363/1693

Gender Overall: 459/2280

Gender Age Group: 363/1693

FINISH TIME

Gun Time: 1:00:48

Net Time: 58:27

Pace: 6:04/km

Speed: 9.8/hr

SPLIT TIME

KM2.5: 17:21

KM4.3: 27:18

KM5.9: 36:22

KM7.1: 43:48

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

