



CERTIFICATE OF ACHIEVEMENT

AHMAD SHAUQI BIN SHAHIMI

BIB NO. MP 11617

CATEGORY 10KM Men Open

RANKING

Overall: 1016/3987

Category: 626/1693

Gender Overall: 801/2280

Gender Age Group: 626/1693

FINISH TIME

Gun Time: 1:09:01

Net Time: 1:08:43

Pace: 6:54/km

Speed: 8.6/hr

SPLIT TIME

KM2.5: 16:09

KM4.3: 28:36

KM5.9: 40:16

KM7.1: 49:06

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

