



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD ZULFAIZ MAT SEMAN

BIB NO. MP 11634

CATEGORY 10KM Men Open

RANKING

Overall: 1363/3987

Category: 799/1693

Gender Overall: 1030/2280

Gender Age Group: 799/1693

FINISH TIME

Gun Time: 1:13:52

Net Time: 1:13:20

Pace: 7:23/km

Speed: 8.1/hr

SPLIT TIME

KM2.5: 16:39

KM4.3: 29:51

KM5.9: 42:30

KM7.1: 52:31

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

