

CERTIFICATE OF ACHIEVEMENT MUHAMMAD AFIQ RAMLAN

BIB NO. MP 11658

CATEGORY 10KM Men Open

RANKING

Overall: 463/3987

Category: 317/1693

Gender Overall: 398/2280

Gender Age Group: 317/1693

FINISH TIME

Gun Time: 59:09

Net Time: 57:55

Pace: 5:54/km

Speed: 10.1/hr

SPLIT TIME

KM2.5: 15:29

KM4.3: 25:28

KM5.9: 35:19

KM7.1: 42:53

PUMA GOWILD