



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD NUR JAZLANY BIN JAAFAR

BIB NO. MP 10170

CATEGORY 10KM Men Open

RANKING

Overall: 408/3987

Category: 279/1693

Gender Overall: 351/2280

Gender Age Group: 279/1693

FINISH TIME

Gun Time: 58:02

Net Time: 57:40

Pace: 5:48/km

Speed: 10.3/hr

SPLIT TIME

KM2.5: 10:32

KM4.3: 21:07

KM5.9: 30:25

KM7.1: 41:28

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

