



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD SYUHAIL BIN SHAMSUL

BIB NO. MP 10171

CATEGORY 10KM Men Open

RANKING

Overall: 1158/3987

Category: 695/1693

Gender Overall: 895/2280

Gender Age Group: 695/1693

FINISH TIME

Gun Time: 1:11:00

Net Time: 1:10:24

Pace: 7:05/km

Speed: 8.4/hr

SPLIT TIME

KM2.5: 17:53

KM4.3: 30:26

KM5.9: 41:59

KM7.1: 51:02

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

