

CERTIFICATE OF ACHIEVEMENT HONG KOON HOU

BIB NO. MP 11753

CATEGORY 10KM Men Open

RANKING

Overall: 419/3987

Category: 285/1693

Gender Overall: 360/2280

Gender Age Group: 285/1693

FINISH TIME

Gun Time: 58:12

Net Time: 56:34

Pace: 5:49/km

Speed: 10.3/hr

SPLIT TIME

KM2.5: 15:32

KM4.3: 25:49

KM5.9: 35:08

KM7.1: 42:16

PUMA GOWILD