

PUMA
NITRO™
NIGHT RUN

Great Runs
Are Run by
Score

CERTIFICATE OF ACHIEVEMENT MUHAMAD SHAHIR ASHRAF

BIB NO. MP 11768

CATEGORY 10KM Men Open

RANKING

Overall: 539/3987

Category: 364/1693

Gender Overall: 460/2280

Gender Age Group: 364/1693

FINISH TIME

Gun Time: 1:00:49

Net Time: 58:46

Pace: 6:04/km

Speed: 9.8/hr

SPLIT TIME

KM2.5: 17:38

KM4.3: 28:25

KM5.9: 38:02

KM7.1: 45:14

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

