



CERTIFICATE OF ACHIEVEMENT

IQBAL KRISMAN BIN IQBAL HAKIM

BIB NO. MP 10177

CATEGORY 10KM Men Open

RANKING

Overall: 477/3987

Category: 326/1693

Gender Overall: 409/2280

Gender Age Group: 326/1693

FINISH TIME

Gun Time: 59:27

Net Time: 59:04

Pace: 5:56/km

Speed: 10.0/hr

SPLIT TIME

KM2.5: 14:32

KM4.3: 25:10

KM5.9: 35:00

KM7.1: 42:15

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

