



CERTIFICATE OF ACHIEVEMENT

LEONARD CHEANG HILL CHOONG

BIB NO. MP 11787

CATEGORY 10KM Men Open

RANKING

Overall: 23/3987

Category: 19/1693

Gender Overall: 21/2280

Gender Age Group: 19/1693

FINISH TIME

Gun Time: 37:34

Net Time: 37:27

Pace: 3:45/km

Speed: 15.9/hr

SPLIT TIME

KM2.5: 09:02

KM4.3: 15:40

KM5.9: 21:54

KM7.1: 26:33

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

