



CERTIFICATE OF ACHIEVEMENT

RONALD JOSEPH A PILLAI

BIB NO. MP 11825

CATEGORY 10KM Men Open

RANKING

Overall: 178/3987

Category: 131/1693

Gender Overall: 161/2280

Gender Age Group: 131/1693

FINISH TIME

Gun Time: 51:07

Net Time: 49:38

Pace: 5:06/km

Speed: 11.7/hr

SPLIT TIME

KM2.5: 14:38

KM4.3: 23:34

KM5.9: 31:41

KM7.1: 37:39

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

