

PUMA
NITRO™
NIGHT RUN

Great Runs
Are Run by
Score

CERTIFICATE OF ACHIEVEMENT

ADAM ASHRAF BIN RAMLAN

BIB NO. MP 11839

CATEGORY 10KM Men Open

RANKING

Overall: 1146/3987

Category: 690/1693

Gender Overall: 887/2280

Gender Age Group: 690/1693

FINISH TIME

Gun Time: 1:10:54

Net Time: 1:08:31

Pace: 7:05/km

Speed: 8.4/hr

SPLIT TIME

KM2.5: 19:03

KM4.3: 31:26

KM5.9: 42:32

KM7.1: 51:16

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

