



CERTIFICATE OF ACHIEVEMENT AHMAD FARHAN

BIB NO. MP 11840

CATEGORY 10KM Men Open

RANKING

Overall: 779/3987

Category: 490/1693

Gender Overall: 630/2280

Gender Age Group: 490/1693

FINISH TIME

Gun Time: 1:05:21

Net Time: 1:05:15

Pace: 6:32/km

Speed: 9.1/hr

SPLIT TIME

KM2.5: 13:28

KM4.3: 26:18

KM5.9: 37:08

KM7.1: 46:06

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

