

PUMA
NITROTM
NIGHT RUN

Great Runs
Are Run by
Score[®]

CERTIFICATE OF ACHIEVEMENT LOW AIK JON

BIB NO. MP 10189

CATEGORY 10KM Men Open

RANKING

Overall: 360/3987

Category: 249/1693

Gender Overall: 314/2280

Gender Age Group: 249/1693

FINISH TIME

Gun Time: 56:51

Net Time: 55:58

Pace: 5:41/km

Speed: 10.5/hr

SPLIT TIME

KM2.5: 14:49

KM4.3: 24:44

KM5.9: 34:20

KM7.1: 41:22

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

