



CERTIFICATE OF ACHIEVEMENT

SYED AHMAD BIN SYED OSMAN AL

BIB NO. MP 11906

CATEGORY 10KM Men Open

RANKING

Overall: 602/3987

Category: 401/1693

Gender Overall: 511/2280

Gender Age Group: 401/1693

FINISH TIME

Gun Time: 1:02:10

Net Time: 1:01:26

Pace: 6:12/km

Speed: 9.6/hr

SPLIT TIME

KM2.5: 13:49

KM4.3: 25:06

KM5.9: 35:30

KM7.1: 44:05

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

