

PUMA
NITRO™
NIGHT RUN

Great Runs
Are Run by
Score

CERTIFICATE OF ACHIEVEMENT

MOHD HELMY BIN AMRAN

BIB NO. MP 11936

CATEGORY 10KM Men Open

RANKING

Overall: 1312/3987

Category: 775/1693

Gender Overall: 1000/2280

Gender Age Group: 775/1693

FINISH TIME

Gun Time: 1:13:01

Net Time: 1:12:45

Pace: 7:18/km

Speed: 8.2/hr

SPLIT TIME

KM2.5: 16:54

KM4.3: 29:37

KM5.9: 41:26

KM7.1: 50:50

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

