



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD AQIL NAUFAL BIN MOHD

BIB NO. MP 10229

CATEGORY 10KM Men Open

RANKING

Overall: 77/3987

Category: 56/1693

Gender Overall: 70/2280

Gender Age Group: 56/1693

FINISH TIME

Gun Time: 43:28

Net Time: 43:23

Pace: 4:20/km

Speed: 13.8/hr

SPLIT TIME

KM2.5: 09:14

KM4.3: 17:05

KM5.9: 24:24

KM7.1: 30:04

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

