

PUMA
NITRO™
NIGHT RUN

Great Runs
Are Run by
Score

CERTIFICATE OF ACHIEVEMENT

MOHD SAFWAN ISMAIL

BIB NO. MP 10273

CATEGORY 10KM Men Open

RANKING

Overall: 728/3987

Category: 459/1693

Gender Overall: 589/2280

Gender Age Group: 459/1693

FINISH TIME

Gun Time: 1:04:27

Net Time: 1:03:30

Pace: 6:26/km

Speed: 9.3/hr

SPLIT TIME

KM2.5: 15:51

KM4.3: 26:50

KM5.9: 37:30

KM7.1: 45:34

PUMA GOWILD

Official Hydration
Partner:

**100
PLUS**

Official Energy Gel
Partner:

N8
sports nutrition

Official Sports Tape
Partner:

ATF
SPORT TAPING

Official Pain Relief Spray
Partner:

Salonpas

Official Recovery
Partner:

PLANB
PHIOTHERAPY & THERMAL SPRINGS

Sponsors:

amazfit

beoka

HIMALAYA
Sports

Promix