

PUMA
NITRO™
NIGHT RUN

Great Runs
Are Run by
Score

CERTIFICATE OF ACHIEVEMENT

MOHD RAHMAT BIN ISHAK

BIB NO. MP 10291

CATEGORY 10KM Men Open

RANKING

Overall: 426/3987

Category: 290/1693

Gender Overall: 365/2280

Gender Age Group: 290/1693

FINISH TIME

Gun Time: 58:15

Net Time: 55:48

Pace: 5:49/km

Speed: 10.3/hr

SPLIT TIME

KM2.5: 16:05

KM4.3: 25:45

KM5.9: 34:48

KM7.1: 41:46

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

