



# CERTIFICATE OF ACHIEVEMENT

MOHD SYAMIL BIN MOHD SHAWAL

**BIB NO.** MP 10314

**CATEGORY** 10KM Men Open

## RANKING

Overall: 1338/3987

Category: 788/1693

Gender Overall: 1014/2280

Gender Age Group: 788/1693

## FINISH TIME

Gun Time: 1:13:30

Net Time: 1:12:42

Pace: 7:20/km

Speed: 8.1/hr

## SPLIT TIME

KM2.5: 18:26

KM4.3: 31:16

KM5.9: 43:21

KM7.1: 52:49

**PUMA GOWILD**

Official Hydration  
Partner:



Official Energy Gel  
Partner:



Official Sports Tape  
Partner:



Official Pain Relief Spray  
Partner:



Official Recovery  
Partner:



Sponsors:

