



CERTIFICATE OF ACHIEVEMENT

AHMAD ZUHRI SHIN BIN ABD HALIM

BIB NO. MP 10318

CATEGORY 10KM Men Open

RANKING

Overall: 266/3987

Category: 189/1693

Gender Overall: 236/2280

Gender Age Group: 189/1693

FINISH TIME

Gun Time: 54:25

Net Time: 54:15

Pace: 5:26/km

Speed: 11.0/hr

SPLIT TIME

KM2.5: 13:08

KM4.3: 22:59

KM5.9: 32:20

KM7.1: 39:21

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

