



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD SAFAR BIN MUSTAFA

BIB NO. MP 10369

CATEGORY 10KM Men Open

RANKING

Overall: 142/3987

Category: 103/1693

Gender Overall: 128/2280

Gender Age Group: 103/1693

FINISH TIME

Gun Time: 49:02

Net Time: 48:53

Pace: 4:54/km

Speed: 12.2/hr

SPLIT TIME

KM2.5: 10:55

KM4.3: 19:55

KM5.9: 28:20

KM7.1: 34:46

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

