

CERTIFICATE OF ACHIEVEMENT

MUHAMMAD SYAFIQ BIN ABU ZARIM

BIB NO. MP 10420

CATEGORY 10KM Men Open

RANKING

Overall: 1107/3987

Category: 674/1693

Gender Overall: 862/2280

Gender Age Group: 674/1693

FINISH TIME

Gun Time: 1:10:26

Net Time: 1:07:20

Pace: 7:02/km

Speed: 8.5/hr

SPLIT TIME

KM2.5: 19:13

KM4.3: 30:58

KM5.9: 42:29

KM7.1: 51:02

PUMA GOWILD