

PUMA
NITRO™
NIGHT RUN



Great Runs
Are Run by
Score



CERTIFICATE OF ACHIEVEMENT

TENPA GYALTSSEN LAMA

BIB NO. MP 10043

CATEGORY 10KM Men Open

RANKING

Overall: 1420/3987

Category: 822/1693

Gender Overall: 1063/2280

Gender Age Group: 822/1693

FINISH TIME

Gun Time: 1:14:46

Net Time: 1:09:55

Pace: 7:28/km

Speed: 8.0/hr

SPLIT TIME

KM2.5: 19:24

KM4.3: 31:43

KM5.9: 44:32

KM7.1: 53:26

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

