

CERTIFICATE OF ACHIEVEMENT

AFEEF SHAZRIL BIN KHAIROL

BIB NO. MP 10454

CATEGORY 10KM Men Open

RANKING

Overall: 870/3987

Category: 546/1693

Gender Overall: 699/2280

Gender Age Group: 546/1693

FINISH TIME

Gun Time: 1:07:03

Net Time: 1:06:10

Pace: 6:42/km

Speed: 8.9/hr

SPLIT TIME

KM2.5: 14:49

KM4.3: 29:06

KM5.9: 39:59

KM7.1: 49:12

PUMA GOWILD