

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

MOHD IZZAD BIN ISHAK

BIB NO. MP 20038

CATEGORY 21KM Men Open

RANKING

Overall: 3104/3645

Category: 1578/1804

Gender Overall: 2423/2738

Gender Age Group: 1578/1804

FINISH TIME

Gun Time: 3:30:21

Net Time: 3:27:26

Pace: 10:00/km

Speed: 5.9/hr

SPLIT TIME

KM7.3: 1:02:37

KM14.6: 2:12:48

KM17.0: 2:41:04

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:

