

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

ARVINDRAN A/L SELVARAJAH

BIB NO. MP 20045

CATEGORY 21KM Men Open

RANKING

Overall: 3389/3645

Category: 1700/1804

Gender Overall: 2592/2738

Gender Age Group: 1700/1804

FINISH TIME

Gun Time: 3:42:11

Net Time: 3:40:35

Pace: 10:33/km

Speed: 5.6/hr

SPLIT TIME

KM7.3: 1:00:45

KM14.6: 2:16:37

KM17.0: 2:45:31

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:



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