



Great Runs
Are Run by
Score



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD NASRUL BIN NASIR

BIB NO. MP 10471

CATEGORY 10KM Men Open

RANKING

Overall: 338/3987

Category: 232/1693

Gender Overall: 292/2280

Gender Age Group: 232/1693

FINISH TIME

Gun Time: 56:15

Net Time: 55:43

Pace: 5:37/km

Speed: 10.6/hr

SPLIT TIME

KM2.5: 13:50

KM4.3: 23:37

KM5.9: 32:42

KM7.1: 40:16

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

