

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD AKRAM BIN ISMAIL

BIB NO. MP 20081

CATEGORY 21KM Men Open

RANKING

Overall: 2612/3645

Category: 1356/1804

Gender Overall: 2084/2738

Gender Age Group: 1356/1804

FINISH TIME

Gun Time: 3:13:13

Net Time: 3:11:46

Pace: 9:11/km

Speed: 6.5/hr

SPLIT TIME

KM7.3: 1:00:40

KM14.6: 2:08:50

KM17.0: 2:33:25

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

