

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD IZHAR BIN SHAMSUDIN

BIB NO. MP 20086

CATEGORY 21KM Men Open

RANKING

Overall: 1824/3645

Category: 978/1804

Gender Overall: 1507/2738

Gender Age Group: 978/1804

FINISH TIME

Gun Time: 2:51:26

Net Time: 2:49:23

Pace: 8:09/km

Speed: 7.3/hr

SPLIT TIME

KM7.3: 53:10

KM14.6: 1:54:05

KM17.0: 2:15:43

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

