

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

AHMAD LUTFI BIN MOHD ASERI

BIB NO. MP 20089

CATEGORY 21KM Men Open

RANKING

Overall: 3174/3645

Category: 1609/1804

Gender Overall: 2468/2738

Gender Age Group: 1609/1804

FINISH TIME

Gun Time: 3:32:58

Net Time: 3:21:05

Pace: 10:07/km

Speed: 5.9/hr

SPLIT TIME

KM7.3: 1:15:07

KM14.6: 2:26:11

KM17.0: 2:50:57

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

