

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

HELMI BIN SULAIMAN

BIB NO. MP 20149

CATEGORY 21KM Men Open

RANKING

Overall: 527/3645

Category: 296/1804

Gender Overall: 466/2738

Gender Age Group: 296/1804

FINISH TIME

Gun Time: 2:13:18

Net Time: 2:12:16

Pace: 6:20/km

Speed: 9.4/hr

SPLIT TIME

KM7.3: 43:26

KM14.6: 1:29:44

KM17.0: 1:47:13

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

