

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD LUQMAN BIN ISMAIL

BIB NO. MP 20166

CATEGORY 21KM Men Open

RANKING

Overall: 3597/3645

Category: 1784/1804

Gender Overall: 2713/2738

Gender Age Group: 1784/1804

FINISH TIME

Gun Time: 3:57:37

Net Time: 3:56:05

Pace: 11:17/km

Speed: 5.3/hr

SPLIT TIME

KM7.3: 1:14:15

KM14.6: 2:44:28

KM17.0: 3:14:39

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

