

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

MUHAMAD RUZAINI BIN AB RAHMAN

BIB NO. MP 20183

CATEGORY 21KM Men Open

RANKING

Overall: 3458/3645

Category: 1725/1804

Gender Overall: 2629/2738

Gender Age Group: 1725/1804

FINISH TIME

Gun Time: 3:45:47

Net Time: 3:38:43

Pace: 10:44/km

Speed: 5.5/hr

SPLIT TIME

KM7.3: 1:15:08

KM14.6: 2:35:03

KM17.0: 3:04:45

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

